
Individual Meet Results
2010 NPAC Trophy Meet 10-Jul-10 Yards**Location: North Penn High School****Philadelphia Sports Club [PSC-MA] Coach: Sean Kelly****Converted Times Used For Calculating Improvement**

Time	F/P/S	Event	Place	Points	Improv
Chang, Vianne (8) W					
23.62Y	F # 28	Women 8 & Under 25 Free	26	---	1.91
24.08Y	F # 33	Women 8 & Under 25 Back	20	---	-1.20
27.29Y	F # 38	Women 8 & Under 25 Breast	14	---	-0.38
30.38Y	F # 43	Women 8 & Under 25 Fly	23	---	0.01
2:03.61Y	F # 48	Women 8 & Under 100 IM	14	---	-5.69
Formica, Marissa (13) W					
27.82Y	F # 27A	Women 50 Free	10	---	-0.14
1:13.58Y	F # 36	Women 13-14 100 Back	11	---	-4.97
1:23.39Y	F # 41	Women 13-14 100 Breast	9	---	0.79
1:12.66Y	F # 51	Women 13-14 100 IM	6	1	-9.63
Goroshko, Jake (13) M					
52.12Y	F # 5	Men 13-14 100 Free	1	7	-0.73
1:01.48Y	F # 10	Men 13-14 100 Back	1	7	-1.66
1:12.51Y	F # 15	Men 13-14 100 Breast	3	4	-1.15
1:03.75Y	F # 20	Men 13-14 100 Fly	6	1	---
1:01.37Y	F # 25	Men 13-14 100 IM	1	7	-1.24
Goroshko, Julia (8) W					
17.25Y	F # 28	Women 8 & Under 25 Free	7	---	0.86
21.27Y	F # 33	Women 8 & Under 25 Back	8	---	0.72
22.35Y	F # 38	Women 8 & Under 25 Breast	4	3	-0.74
19.87Y	F # 43	Women 8 & Under 25 Fly	6	1	0.69
1:36.80Y	F # 48	Women 8 & Under 100 IM	4	3	0.06
Haidacher, Taylor (6) W					
1:51.59Y	F # 48	Women 8 & Under 100 IM	---	---	---
Hou, Harry (7) M					
18.69Y	F # 2	Men 8 & Under 25 Free	---	---	-1.28
25.09Y	F # 7	Men 8 & Under 25 Back	---	---	0.85
26.55Y	F # 12	Men 8 & Under 25 Breast	---	---	-1.19
26.01Y	F # 17	Men 8 & Under 25 Fly	---	---	-1.87
Hou, Kevin (9) M					
36.46Y	F # 3	Men 9-10 50 Free	---	---	-0.50
42.86Y	F # 8	Men 9-10 50 Back	---	---	---
47.47Y	F # 13	Men 9-10 50 Breast	---	---	---
1:41.39Y	F # 16	Men 100 Breast	---	---	---
1:36.13Y	F # 23	Men 9-10 100 IM	---	---	-1.50
Jordan, Aaron (12) M					
26.54Y	F # 4	Men 11-12 50 Free	---	---	0.12
29.75Y	F # 9	Men 11-12 50 Back	---	---	0.46
35.62Y	F # 14	Men 11-12 50 Breast	---	---	0.69
28.43Y	F # 19	Men 11-12 50 Fly	---	---	-2.45
1:06.91Y	F # 24	Men 11-12 100 IM	---	---	-5.62
Jordan, David (15) M					
26.70Y	F # 1A	Men 50 Free	---	---	-0.73
1:00.35Y	F # 6	Men 100 Free	---	---	-1.89

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1:12.64Y	F # 11	Men 100 Back	---	---	-5.13
1:08.83Y	F # 21	Men 100 Fly	---	---	---
2:41.81Y	F # 26	Men 200 IM	---	---	---
Kolditz, Sophia (9) W					
43.69Y	F # 29	Women 9-10 50 Free	40	---	2.92
48.84Y	F # 34	Women 9-10 50 Back	29	---	---
58.12Y	F # 39	Women 9-10 50 Breast	35	---	---
51.23Y DQ	F # 44	Women 9-10 50 Fly	---	---	---
1:49.35Y	F # 49	Women 9-10 100 IM	31	---	-0.80
Lafond, Jack (10) M					
36.54Y	F # 3	Men 9-10 50 Free	21	---	1.26
46.63Y	F # 8	Men 9-10 50 Back	23	---	---
47.68Y	F # 13	Men 9-10 50 Breast	12	---	---
43.60Y	F # 18	Men 9-10 50 Fly	12	---	---
1:36.53Y	F # 23	Men 9-10 100 IM	18	---	4.02
McLaughlin, Alison (11) W					
2:31.64Y	F # 27	Women 200 Free	---	---	---
31.42Y	F # 30	Women 11-12 50 Free	---	---	0.17
40.39Y	F # 35	Women 11-12 50 Back	---	---	0.54
44.44Y	F # 40	Women 11-12 50 Breast	---	---	-0.20
38.49Y	F # 45	Women 11-12 50 Fly	---	---	0.54
McLaughlin, Eric (12) M					
2:52.73Y	F # 1	Men 200 Free	---	---	---
36.46Y	F # 4	Men 11-12 50 Free	---	---	0.96
44.80Y	F # 9	Men 11-12 50 Back	---	---	-1.08
49.27Y	F # 14	Men 11-12 50 Breast	---	---	---
1:34.77Y	F # 24	Men 11-12 100 IM	---	---	---
McLaughlin, Grace (8) W					
18.84Y	F # 28	Women 8 & Under 25 Free	---	---	-0.01
24.04Y	F # 33	Women 8 & Under 25 Back	---	---	-1.50
26.31Y	F # 38	Women 8 & Under 25 Breast	---	---	-1.55
22.35Y	F # 43	Women 8 & Under 25 Fly	---	---	-0.98
1:46.80Y	F # 48	Women 8 & Under 100 IM	---	---	---
Miller, Caroline (13) W					
1:02.92Y	F # 31	Women 13-14 100 Free	---	---	-1.29
1:20.27Y	F # 41	Women 13-14 100 Breast	---	---	0.29
1:12.97Y	F # 51	Women 13-14 100 IM	---	---	-0.81
Shema, Erin (7) W					
36.15Y	F # 27A	Women 50 Free	---	---	---
1:37.93Y	F # 48	Women 8 & Under 100 IM	---	---	-1.72
44.92Y	F # 53	Women 7-8 50 Back	---	---	---
54.12Y	F # 55	Women 7-8 50 Breast	---	---	---
51.72Y	F # 57	Women 7-8 50 Fly	---	---	---
Shema, Kristen (12) W					
2:03.58Y	F # 27	Women 200 Free	---	---	---

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57.94Y	F # 32	Women 100 Free	---	---	-0.30
1:09.91Y	F # 37	Women 100 Back	---	---	---
1:16.18Y	F # 42	Women 100 Breast	---	---	-1.27
1:12.64Y	F # 47	Women 100 Fly	---	---	---
Sideras, Andrew (18) M					
21.77Y	F # 1A	Men 50 Free	---	---	-0.15
47.51Y	F # 6	Men 100 Free	---	---	-0.33
1:05.69Y	F # 16	Men 100 Breast	---	---	-2.24
51.82Y	F # 21	Men 100 Fly	---	---	---
Towle, Samantha (13) W					
2:08.22Y	F # 27	Women 200 Free	8	---	-2.34
1:09.51Y	F # 36	Women 13-14 100 Back	6	1	-4.94
1:18.01Y	F # 41	Women 13-14 100 Breast	5	2	-2.91
2:30.22Y	F # 52	Women 200 IM	12	---	---
Weed, Alexandra (11) W					
35.11Y	F # 30	Women 11-12 50 Free	---	---	0.63
45.69Y	F # 35	Women 11-12 50 Back	---	---	2.32
50.18Y	F # 40	Women 11-12 50 Breast	---	---	0.51
45.84Y	F # 45	Women 11-12 50 Fly	---	---	2.11
1:39.97Y	F # 50	Women 11-12 100 IM	---	---	2.83